

2019-20 BEST TIMES/PSAC RESULTS

2019-20 Best Times

FREESTYLE

50					
24.92	Emily Librandi	PSAC Meet			
100					
53.79	Olivia Lukshides	PSAC Meet			
200					
1:57.94	Olivia Lukshides	PSAC Meet			
500					
5:22.42	Tarah Killane	PSAC Meet			
1000					
11:02.07	Tarah Killane	PSAC Meet			
1650					
18:32.65	Tarah Killane	PSAC Meet			

BACKSTROKE

50					
28.56	Taylor Howery	PSAC Meet			
100					
1:01.21	Taylor Howery	TCNJ Invite			
200					
2:14.87	Taylor Howery	TCNJ Invite			

BREASTSTROKE

100					
1:10.96	Julia Harnish	TCNJ Invite			
200					
2:36.25	Julia Harnish	TCNJ Invite			

BUTTERFLY

100					
1:01.40	Sarah Luigard	PSAC Meet			
200					
2:17.62	Sarah Luigard	PSAC Meet			

INDIVIDUAL MEDLEY

200					
2:17.74	Sarah Luigard	PSAC Meet			
400					
4:46.66	Sarah Luigard	PSAC Meet			

RELAYS

200 Free	- 1:40.25	PSAC Meet			
Librandi, Billings, Howery, Lukshides					
400 Free	- 3:39.43	PSAC Meet			
Librandi, Billings, Howery, Lukshides					
800 Free	- 8:23.89	PSAC Meet			
Billings, Ferrante, Killane, Librandi					
200 Medley	- 1:52.71	PSAC Meet			
Howery, Harnish, Billings, Lukshides					
400 Medley	- 4:06.47	PSAC Meet			
Howery, Harnish, Luigard, Lukshides					

School Records

FREESTYLE

50	Annie Fagan	23.87	2017
100	Olivia Lukshides	52.16	2019
200	Olivia Lukshides	1:55.70	2019
500	Allison Schafer	5:09.46	2014
1000	Allison Schafer	10:27.96	2014
1650	Allison Schafer	17:50.50	2014

BACK STROKE

50	Colleen Dwyer	27.75	2017
100	Ashleigh Podhayny	58.68	2015
200	Ashleigh Podhayny	2:06.52	2015

BREAST STROKE

50	Sami Vavra	30.52	2013
100	Sami Vavra	1:06.09	2013
200	Sophie Coy	2:24.59	2013

BUTTERFLY

50	Karen Linck	25.82	1977
100	Allison Cardow	58.05	2018
200	Allison Cardow	2:10.77	2018

INDIVIDUAL MEDLEY

100	Ashleigh Podhayny	1:00.54	2016
200	Ashleigh Podhayny	2:08.38	2015
400	Ashleigh Podhayny	4:35.18	2015

FREE RELAY

200		1:37.49	2018
Annie Fagan, Colleen Dwyer, Olivia Lukshides, Briana Hall			
400		3:33.67	2018
Annie Fagan, Olivia Lukshides, Colleen Dwyer, Briana Hall			
800		7:52.46	2014
Allison Schafer, Danielle Davis, Cyndi Kline, Karoline Vavra			

MEDLEY RELAY

200		1:48.02	2018
Colleen Dwyer, Kate Zimmerman, Briana Hall, Annie Fagan			
400		3:57.16	2013
Sami Vavra, Sophie Coy, Kimberly Lawson, Karoline Vavra			

2020 PSAC Championship Results

FREESTYLE

50	Emily Librandi	24.98	23rd
	Olivia Lukshides	25.06	Prelims
	Taylor Howery	25.76	
	Emma Billings	26.03	

100	Olivia Lukshides	53.79	16th
	Emily Librandi	55.32	Prelims
	Emma Billings	55.89	

200	Olivia Lukshides	1:57.94	19th
	Alexandra Ferrante	2:09.38	Prelims

500	Tarah Killane	5:25.97	24th
	Alexandra Ferrante	5:44.23	Prelims

1000	Tarah Killane	11:02.07	21st
	Alexandra Ferrante	11:35.61	Prelims

1650	Tarah Killane	18:32.65	20th
	Alexandra Ferrante	19:20.85	Prelims

BACKSTROKE

100	Taylor Howery	1:02.16	Prelims
	Emily Librandi	1:04.31	

200	Taylor Howery	2:16.92	Prelims
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BREASTSTROKE

100	Julia Harnish	1:11.06	Prelims
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200	Julia Harnish	2:36.25	Prelims
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BUTTERFLY

100	Sarah Luigard	1:01.57	24th
	Emma Billings	1:03.10	Prelims

200	Sarah Luigard	2:17.62	18th
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INDIVIDUAL MEDLEY

200	Sarah Luigard	2:17.74	Prelims
	Julia Harnish	2:32.29	

400	Sarah Luigard	4:46.66	21st
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RELAYS

200 Free

Librandi, Billings, Howery, Lukshides
Finals (7th) - 1:40.25

400 Free

Librandi, Billings, Howery, Lukshides
Finals (7th) - 3:39.43

800 Free

Billings, Ferrante, Killane, Librandi
Finals (10th) - 8:23.89

200 Medley

Howery, Harnish, Billings, Lukshides
Finals (8th) - 1:52.71

400 Medley

Howery, Harnish, Luigard, Lukshides
Finals (9th) - 4:06.47